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5Strands® Affordable Pet Testing Case Study Outline

We appreciate your feedback regarding your experience with 5Strands® Affordable Pet Testing! Please also provide a before and after photo of your pet! We understand that by providing this information you are granting permission for us to share your story on 5Strands® Affordable Testing's websites, social media and in marketing materials.

Pet's Name: **Luna**

Pet's Breed & Sex: **Female French Bulldog**

Describe condition of pet and/or symptoms before using *Affordable Testing*.

She would strain when she went to the bathroom, she would throw up after eating, itching bad

What type of food was your pet eating prior to testing (i.e. kibble, raw, frozen, freeze dried, etc.)?
She was on a prescription food diet – Kibble – which later I found was causing her incontinence. That diet was mainly chicken. I tried to switch her to salmon and she gained a lot of weight and felt terrible

Describe the results of *Affordable Testing* (i.e. number and/or examples of items reported as intolerances, insight gained, etc.).

Found out that she had a high intolerance to salmon (no surprise there) and also to chicken. There were some proteins that she did not have an intolerance to, so I focused on those.

What elimination plan did you implement (i.e. foods eliminated and/or changes in environment, timeframe, etc.)?

I searched foods with either duck or bison since she had zero intolerance to those. I found a food that had bison and also vegetables that she could have. I slowly added that food to the food she was eating. Over a period of two weeks I had her completely switched.

Describe the condition of pet and/or symptoms after the elimination plan.

After being on the new food, she went back to a healthy weight and has been able to maintain it. She is no longer having problems with poo and she no longer spits up her food after eating. Her itching is very minimal (she also has environmental intolerances). The biggest thing is her incontinence is gone. She's off all meds for that.

What is your impression of the *Affordable Testing* process and results of the elimination plan (i.e. length of time to receive results, quality of customer service, value of information gained, etc.)?

It's been a great experience. It didn't take too long to get results. When I called to get a better understanding of the results the customer service was very helpful – to focus on what she can have. I used colored pencil to cross off what was in red, yellow, and green. Then I focused on what was not crossed off. This was a huge help. I ordered another test once we got another French bulldog so I could get him on the right food from the start. So far he's been great.