



595 Old Norcross Road, Ste D  
Lawrenceville, GA 30046  
833.600.8378  
www.affordableallergytest.com  
www.affordablepettest.com

## 5Strands® Affordable Testing Case Study Outline

We appreciate your feedback regarding your experience with *5Strands® Affordable Testing*! Please use this as a guideline to share your story. Please also provide a before and after photos if possible. It is understood that by providing this information, you are granting permission for us to share your story on *5Strands® Affordable Testing's* websites, social media and in marketing materials.

Name: **Becky Taulbee**

Age and Sex: **49 year old female**

Describe condition and/or symptoms **before** using *5Strands® Affordable Testing*. ***Stomach and bowel issues***

*Have you been to a physician and had a diagnosis? Yes/No* **Diagnosis: No**

*Have you had any other testing done and if so, what type of testing?* ***Allergy prick test***

What type of foods were you eating prior to testing (i.e. whole foods, processed foods etc.)? ***Mostly processed foods***

Describe the results of *5Strands® Affordable Testing* (i.e. number and/or examples of items reported as intolerances, insight gained, etc.). ***I have had the test done twice (couple of years apart) 2nd test was about 311 Food items; some items remained the same like cooked tomatoes, potatoes and some nuts that are just a few that I eliminated.***

What elimination plan did you implement (i.e. foods eliminated and/or changes in environment, timeframe, etc.)?

***I eliminated them out of my diet for over 1 month and brought them back 1 at a time.***

Describe condition and/or symptoms **after** the elimination plan.

***Tomatoes still bother me if I eat too much of them but I don't like raw tomatoes so I monitor my intake because I know what it will do to my stomach. My body felt much better when I eliminated them.***

What is your impression of the *5Strands® Affordable Testing* process and results of the elimination plan (i.e. length of time to receive results, customer service, value of information gained, etc.)?

***The turn around time has been quick and the customer service has been great. This is a really good test to help me identify why my stomach/bowels have been up and down. I understand that this is a GUIDE to help me identify and monitor what could be causing issues. And I know that my body changes and so that is why I have done this test multiple times.***

***I would recommend this test to anyone having heartburn or digestive issues. It has really made a big difference in my life. The company has***

***This is a great test for people that are having issues and are not sure what is causing. It does show aphylactic reactions and that is NOT what I was looking for. I already know what affects me immediately (like cats, pollen, grass, dust, mold and mildew) and so I was looking for that longer lasting affect.***

Other comments: